

Level 4 - Bronze Challenges

To achieve the Bronze Badge you must complete 7 of the 10 sections.

Cookery:

Bake. Choose something you like to eat and bake it. Present the recipe properly.

Art/Craft:

Create an item made from papier-mâché. Be as creative and inventive as you can. It must be papier-mâché.

Swimming or Mopping!:

- A - show how to enter and leave the pool safely.
- B - swim one length of your local pool on your front. and one on your back
- C - demonstrate 2 floats
- D - Float to survive

Or, if swimming is not an option, learn to sweep and mop your floors!

First Aid:

- Learn the order of 'what to do in the event of an accident'.
- Know how to contact the emergency services and be able to give your address and home phone number as well as one of your parents' phone numbers. Be able to call the emergency services on any of the phones in your house without adult help.

Domestic Challenge:

Handwashing. Choose an item of dirty clothing about the size of a jumper (a little sock isn't enough!) and learn how to wash it properly by hand. Find out how best to squeeze the water out or spin it then dry it carefully.

Sport:

Make a presentation to your class sharing your knowledge of a sport or make a leaflet. Your information should be in two sections:

1. Your experience of the sport
2. Your research of a successful athlete in that sport.

Independence:

Walk to the local shop to buy something like milk.

Eco Challenge:

Find out how to read your electricity meter.

Week 1 - Take a reading at the start of the week, have a normal week, then take another reading at the end of that week. Do the maths to work out how many units were used.

Week 2 - Take a reading, then make sure you turn off all of the lights and tv etc. when they are not in use...all week. Take a reading at the end of the week. Is there a difference in the week's usage?

Or, if you have no meter to read, help to save our world in a different way by planting a tree.

Interest:

Explain to your class about an item you have heard or read about in the news.

Modern Languages:

Learn how to say some important phrases in a new language.