

# Level 3 - Gold Challenges

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To achieve the Gold Badge you must complete 7 of the 10 sections.

## **Cookery:**

Make a sandwich, roll or wrap for lunch.

## **Creation:**

Using something fiddly like Lego or an Airfix model, create something related to a school topic.

## **Domestic Challenge:**

Wash something large like a car or windows etc. Learn what to use and how to do it properly.

## **Interest:**

Learn to play a strategic board game like Chess, Battleships, Cluedo etc.

## **Music:**

Learn to play Happy Birthday on a musical instrument.

## **Writing:**

After receive a present or having a day out, learn how to write a letter of thanks.

## **Exercise:**

Spend at least two hours on an outdoor adventure.

## **Caring for Others:**

Learn how to make a cup of tea or coffee for an adult just the way they like it. Learn how to stay safe around a kettle.

## **Safety:**

Learn the safety rules of fire. Learn how to build a fire. Toast a marshmallow.

## **Eco Challenge:**

Learn the difference between plants and weeds. Weed a good-sized area of a garden.